

Reduce the Junk Mail in your home mail box

1. Complete (Type-in) the details on this page
 2. Print the whole package
 3. Sign each page – then mail each form as indicated
-

Person Name 1	
Person Name 2	
Address	
Apartment/Unit #	
City	
State	
Zip Code	

Today's Date

To add or remove your address from ADVO's mailing list, please print this form, and complete the requested information. Mail the completed form to:

Valassis Direct Mail, Inc.
Consumer Assistance
PO Box 249
Windsor, CT 06095

Your request will take five to six weeks from receipt to take effect.

Your removal from the mailing list is valid for a five year period. You will need to contact Valassis again before the end of that period if you wish them to update the suppression of your address from their list for an additional five years. The most effective way to do this is to call toll-free 1-888-241-6760.

Type of Request: Add to List Remove from List

Name: _____

Address: _____

Apt / Unit #: _____

City: _____ State _____, Zip Code: _____

Phone#: (Optional) _____

Email Address: (Optional) _____

Comments:

Agreement: I understand that Valassis will add and/or delete my residential address from their mailing list and it will take 5 to 6 weeks to fully become effective.

Signature

Date: _____

Harte Hanks Direct Marketing
Circulation
C/O Pennysaver
2830 Orbiter Street
Brea, CA 92821

To Whom It May Concern:

I want to reduce the amount of unsolicited mail I receive. Please remove my name and address from your mailing list as listed below:

Name: _____

Name: _____

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Thank you.

Signature: _____

Date: _____

Val-Pak Coupons
8605 Largo Lakes Dr.
Largo, FL. 33773

To Whom It May Concern:

I want to reduce the amount of unsolicited mail I receive. Please remove my name and address from your mailing list as listed below:

Name: _____

Name: _____

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Thank you.

Signature: _____