



Preparing early can help reduce the stress that often goes along with moving. Here is a list of things to think about ahead of time, in order to facilitate a well planned move.

Move Date:

DONE	6-8 WEEKS BEFORE MOVE	NOTES
	Get written estimates for movers or rental truck. Ask for and check	
	references.	
	Schedule movers or rental truck	
	Determine furniture layout for new home	
	Make storage arrangements if necessary	
	Make inventory of household items	
-	Arrange for school transfer	
	Ask for doctor and dental referrals; arrange for transfer of medical and	
	dental records	
	Fill out change-of-address card with Canada Post 1-800-866-6301	
	www.canadapost.ca	
	Click on "change my address" in the left hand column. Become are	
	registered user and move your mail for 6months. Cost approx. \$35 online.	
	Start making travel arrangements (flights, hotel car rental) if necessary	
	Request relocation package from chamber of commerce of new town	
	Create a moving folder to keep all receipts for moving related expenses.	
	Many expenses may be tax deductible.	
	Transfer Property Insurance:	
	 On current property: Insure until possession date 	
	 On new property: Insure on completion 	
	Check with insurance company to see how possessions are covered	
	during the move	
	Redirect Income Tax Package	
	Government of Canada I-800-959-8281	
	www.cra-arc.gc.ca	
	Click on "change your address" in the left column under "Individuals"	
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DONE	4-6 WEEKS BEFORE MOVE	NOTES
	Order packing supplies: boxes, packing paper, tape, markers if you're	
	packing yourself. Your moving company may sell you boxes that they will	
	"buy back" at a discounted rate. Another option is to order your packing	
	supplies online at	
	http://sharondelisser.ca/packing-supplies.asp	

	Use up or dispose of food, cleaning supplies, and hazardous materials	
	Hold a garage sale and finalize pick-up dates for charities	-
	hord a Sarage sale and manze piercap dates for character	
	Big Brothers 604-876-2447	
	www.bigbrothersvancouver.com	
	Phone to make arrangements to have clothing and small household items	
	picked up from your doorstep.	
	CraigsList	
	www.vancouver.craigslist.org	
	A good source to give away or sell your unwanted items.	
	Arrange for carpet and drapery cleaning	
	Arrange for house cleaning	4
	Arrange for move of pets	-
	Arrange for move of plants	4
	Arrange transfer, resign or change address with club memberships	-
	Arrange for utilities (cancel old; start new)	
	Notify Electricity/Gas	
	BC Hydro 604-224-9376	
	www.bcydro.com	
	Click on "Moving" icon on the home page	
	energen i toring teen en die nonie page	
	Terasen Gas	
	www.terasengas.com	
	Click "start, stop or move on the bottom, left-hand corner of the home	
	page. Be sure you give advance notice (no later than 2 days before moving)	
	to avoid being charged after you move.	
	Notify cellular phone company	4
	Arrange transfer of Telephone/DSL	4
	Telus 604-310-2255 (Say the word "MOVE")	
	www.telus.com Click on "Moving?" on bottom left-hand corner of the	
	home page	
	Cable/satellite	
	Rogers I-866-246-3866	
	www.rogers.com	
	Shaw Cable 604-629-8888	
	www.shaw.ca Click on Customer Care (in the menu bar). Click on "Shaw	
	Easy Move" on the left hand side.	
	Notify building manager or property management company of move date	1
	and reserve elevator for moving day	
	Arrange for alarm system to be switched to new location or cancelled	1
		1
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		4
DONE	2-3 WEEKS BEFORE MOVE	NOTES
BONL	Set aside critical documents and items you will keep with you	
		4
	Transfer prescriptions to closer pharmacy	4
	Inform gardeners of move	4
	Change address:	4
	Family and friends	4
	Newspaper	1
	Magazines	
	Bank accounts – order cheques with new address	
	Health, life, and auto insurance policies	

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	Doctors and Dentist + other medical professionals	
	Vetrinarian	
	Credit card, department stores, gas	
	Employer	
	Lawyer	-
	Accountant	
	Church	
	Community Centre	
	Frequent Flyer Programs	
	Daycare or Babysitters	
	For Provincial Services such as drivers license and MSP contact	
	Government of BC	
	www.addresschange.gov.bc.ca	
	BC residents can use this website to change their address	
	Arrange for house cleaners for your home after move out date	
	Arrange to have locks changed at new property on moving day	
DONE	I-5 DAYS BEFORE MOVE	NOTES
BONL	Defrost freezer	
		4
	Empty ice maker and ice cube trays in case of power shutdown	4
	Clean refrigerator, stove, and oven	-
	Disconnect and drain appliances for move	
	Drain fuel from power equipment	
	Close out safe deposit box	
	Confirm travel arrangements	
	Confirm arrival time of movers/pick-up time of rental truck	
	Have payment and snacks ready for movers	
	Gather and clean outdoor furniture	
	Return cable box, cable modem, DSL modem if necessary	
	Organize keys	
DONE	THE DAY BEFORE	NOTES
DONE		NOTES
	Reconfirm the arrival time of your moving company/truck.	
	Pack your "open first box" with items you'll need first at the new house:	
	Paper towels, dish cloth	
	Kleenex and toilet paper	
	Kitchen and Bathroom cleaners	
	Petfood	
	Basic tool kit, hammer, screwdriver etc.	
	Garbage bags	
	Scissors	
	First aid kit	
	Juice, bottled water, coffee, tea	
	Lightbulbs	
	Flashlight	
	Set aside valuables or anything that will travel in your car so that it will not	
	be loaded in the moving truck. Such as passports, financial records, Will.	
	Mark "DO NOT MOVE" on the box and move it yourself.	
	Dismantle beds and place packing boxes beside them for sheets, pillows,	
	duvets and the last few personal belongings to be packed	
	Recharge cell phone overnight	
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DONE	MOVING DAY	NOTES
	Arrive at your new home before the movers to instruct them where to place boxes and furniture	
	Have the locks changed in your new home	

- Use small boxes to pack books and other heavy items
- Use wardrobe boxes to easily move clothing on hangers, use the bottom of the wardrobe box for shoes
- Label all boxes with a room name or colour code boxes with coloured stickers
- Board your pets in a safe environment on moving day or at least ensure that they are wearing proper ID and license tags in case they become lost.
- Get everyone involved by making a task list, then dividing out the jobs that each person can do. Organizing your household will not only save you time and energy, but will make your whole family feel like part of the adventure.